An umbrella term that has been in use for the last 60 years. It includes over 30 conditions where the sexual anatomy or the chromosomes are not the standard male or female. Previously the term hermaphrodite was in common use and there is still a lot of controversy about the preferred terminology. Some professionals prefer the term Disorders of Sex Development (DSD).

The incidence of intersex is at least 1 in 2000 births. Conditions where there are chromosomal differences from the usual 46XX or 46XY: Klinefelter’s Syndrome 47XXX Turner’s Syndrome 45X Conditions where there are hormonal differences: Congenital Adrenal Hyperplasia (CAH) Androgen Insensitivity Syndrome (AIS) Conditions where there are hormonal differences: Congenital Adrenal Hyperplasia (CAH) Androgen Insensitivity Syndrome (AIS)

Links with USA

1996 Mani made contact with Cheryl Chase of ISNA (Intersex Society of North America) formed in 1993. In March 2008 ISNA wound up as an activist organisation and was replaced by the Accord Alliance a not-for-profit national organisation to improve health care for those with DSDs, that term now preferred by the organisation instead of intersex.

In August 1996 Mani was invited by Cheryl Chase to participate in the world’s first intersex retreat in USA where Hermaphrodites Speak was filmed.

2004: Mani was a Task Force Member, City and County of San Francisco Enquiry Into Intersex Issues. She was commended for her trailblazing efforts to promote equality for the intersex community.

Mani has returned to the USA on numerous occasions to speak at conferences, attend film events, make submissions and liaise with intersex persons and professionals. Prominent among the latter is Professor Milton Diamond of Hawaii.

2009: Mani was appointed to the Trust Board of AIC (Advocates for Informed Choice) a USA based intersex advocacy organisation. She has worked closely with the Executive Director Anne Tamar-Mattis.

Links with Australia

In November 1997 Mani visited Associate Professor Garr Warne, paediatric endocrinologist at the Royal Children’s Hospital in Melbourne and has collaborated with him and other health professionals in Australia.

In 1998 Mani was invited by Nurse Pamela Neeson (ex Wellington) to commence what was to become an extensive community education programme throughout Tasmania.

In December 2010 Mani met with Gabi Rosenstrech, CEO of the Australian National LGBTI Health Alliance and brought back an invitation for ITANZ to become a member of that organisation.

Mani has spoken at numerous conferences and workshops throughout Australia and Sharon Jones from Tasmania has visited NZ on several occasions.

What is intersex?

Mani Bruce Mitchell

Baby Bruce born 10 March 1953 to parents in rural New Zealand.

Exploratory surgery before the first birthday identified a uterus so reassigning to female and name changed to Margaret. Cause of intersex unknown. At 8 years genital surgery followed by other feminising surgery to ears.

Trained as primary school teacher.

Travelled overseas. Successful career in civil defence, regional manager Wellington.

Personal crisis at 40 years. In 1994 attended life-changing workshop with therapist Elisabeth Kubler-Ross. Changed name by deed poll to Sanskrit Mani and restored the original Bruce.

In 1996 first NZer to come out publicly as intersex person. In October 1996 attended Wellington Sexual Health Service for support. Completed training as a counsellor in 1999.

Links with Australia

Mani with Sharon Jones

In 2000 Mani was invited by Nurse Pamela Neeson (ex Wellington) to commence what was to become an extensive community education programme throughout Tasmania.

In June 2010 Mani met with Gabi Rosenstrech, CEO of the Australian National LGBTI Health Alliance and brought back an invitation for ITANZ to become a member of that organisation.

Mani has spoken at numerous conferences and workshops throughout Australia and Sharon Jones from Tasmania has visited NZ on several occasions.

Other International links

As well as extensive and ongoing links with Australia and the USA Mani participated in the 1st International Intersex Forum held in Brussels, Belgium in September 2011 and the 2nd International Intersex Forum held in Stockholm, Sweden in December 2012. At that meeting the delegates proposed the creation of an Intersex Secretariat within the ilga structure.

In July 2013 Mani and Trust Board member Associate Professor Elisabeth McDonald, Law faculty, Victoria University, participated in a Law on the Edge Conference, British Columbia University, Vancouver.

Historically NZ psychologist Dr John Money (seen here with Mani at Victoria University April 1997) was responsible for the theory that gender assignment in infancy was a matter of nurture over nature.

This theory was challenged by Prof Milton Diamond (left). The case of David Reimer (1965-2004) proved critical. Money assigned the little boy as female, after a circumcision destroyed his penis but David never felt female and eventually committed suicide.

ITANZ aims to collaborate with health professionals to end the shame, secrecy and unnecessary cosmetic surgeries.

ITANZ works with the general public, community groups, schools and LGBTI groups to provide education, workshops and programmes with the goal of ensuring appropriate, respectful treatment and choices for all intersex persons, their families and loved ones.

ITANZ provides advocacy for intersex persons to ensure that their human rights are respected.

ITANZ acknowledges and thanks the following supporters:

ITANZ Charitable Trust

Sir Paul Reeves was appointed Patron (1998–2011)

Mani Out There

2001: Production of TVNZ ground-breaking documentary, Mani’s Story – Yellow is for Hermaphrodites.

2003: Mani’s Story winner of Best Documentary in NZ Qantas Media Awards. Used as resource for schools.

2004: Participation in photographic exhibition Assume Nothing, by photographer Rebecca Swan. This became a book, a Dowse Art Gallery sponsored travelling exhibition, and a short film. It was also the inspiration for an award-winning film Black and White by Kirsty McDonald.

2008: Participant in the NZ Human Rights Commission’s Inquiry into Discrimination Experienced by Transgender People published as To Be Who I Am.

2009: Film crew member and narrator of award-winning film Intersexion produced by John Keir and directed by Grant Lahod.

Released 2012 to international acclaim.

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The NZ Trust Board members at a meeting in January 2012 Rear: Elisabeth McDonald, Joy Liddicout, Jeanie Douche Front: Margaret Sparrow, Mani Mitchell, Graham Brandreth-Wills. Absent: Brian King, Chris Parkin

ITANZ Trust Board

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